

SOURCES, RESOURCES AND INFORMATION FROM INFANCY THROUGH THE TEEN YEARS

2008-09

parents guide

to howard county

Welcome!

Dear Friends,

On behalf of the Howard County Local Children's Board, we are pleased to present the Parent's Guide to Howard County 2008. We hope that this comprehensive guide will assist you in finding the information you need and introduce you to services and programs that will benefit your family.

The guide is filled with information ranging from family support services and crisis intervention to educational and recreational classes and activities. Howard County is fortunate to have such a broad range of resources dedicated to helping children and their families.

The Local Children's Board, composed of public officials and community advocates, extends a sincere thank you to its key partners who have helped make this publication possible: Patuxent Publishing Company and the Howard County Department of Citizen Services – Office of Children's Services.

We welcome your questions and feedback—as well as your ideas for inclusions in next year's publication—and look forward to hearing from you (410)313-1940.

Sincerely,

Valerie Gross

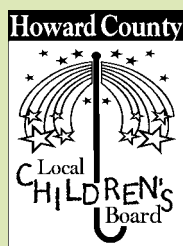
Valerie J. Gross, Chair
HOWARD COUNTY LOCAL CHILDREN'S BOARD

Keri Hyde

Keri Hyde, Director
HOWARD COUNTY LOCAL CHILDREN'S BOARD

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Mission:

The mission of the Local Children's Board of Howard County is to work collaboratively to plan, develop, implement, and direct resources to ensure accessible, affordable and effective services for all children and their families in Howard County.

This listing of resources for parents is provided by Patuxent Publishing Company, Howard County Local Children's Board and the Howard County Department of Citizen Services.

The directory is not an endorsement of the services, agencies and companies included.

Infants

ADOPTIONS

Adoption Alliances

6 Park Center Court, Suite 211
Owings Mills, MD 21117
410-581-1031

Adoptions Together

10230 New Hampshire Avenue, #200
Silver Spring, MD 20903
301-439-2900

5750 Executive Drive, Suite 107
Baltimore, MD 21228
410-869-0620
www.adoptionstogether.org

Catholic Charities

410-261-5800

Howard County Department of Social Services

7121 Columbia Gateway Drive
Columbia, MD 21046
410-872-8700

Jewish Family Services

410-730-4976

National Adoption Center

1500 Walnut Street, Suite 701
Philadelphia, PA 19102
800-862-3678
www.adopt.org

National Council for Single Adoptive Parents

PO Box 55
Warthon, NJ 07885
ncsap@hotmail.com

BREAST-FEEDING

LaLeche League of Columbia

Helpline - 410-526-4285

CHILDBIRTH EDUCATION

Bradley Method

800-423-2397
Columbia - 410-730-4998
www.bradleybirth.com

Howard County General Hospital Wellness Center

11055 Little Patuxent Parkway, Suite L-9
Columbia, MD 21044
410-740-7600

Lamaze/ASPO Childbirth Education

9905 Carillon Drive
Ellicott City, MD 21043
410-465-9550

Managing Multiples

410-750-9487
Educational program for Parents expecting or with multiples

Pregnancy Center, Inc.

Governor Century Plaza, Suite 203
10632 Little Patuxent Parkway
Columbia, MD 21044
410-730-3223; 800-521-5530

Jewish Family Services

410-730-4976 ext 26

DEVELOPMENTAL SCREENING AND EARLY INTERVENTION SERVICES

Behavior & Developmental Pediatric Clinic

University of Maryland Medical Center
Pediatric Sub-Specialty Clinic
22 South Green Street
Baltimore, MD 21201
410-706-2300

Howard County Infants and Toddlers Program

Faulkner Ridge Center
10598 Marble Faun Court
Columbia, MD 21044
410-313-7017

Parents as Teachers Program

Howard County Office of Children's Services
410-313-1940

NEW PARENTS SUPPORT GROUPS

See also the section on Support Groups.

Family Options

Teen Parenting Program
9525 Durness Lane
Laurel, MD 20723
410-880-5888

Healthy Families Howard County

10451 Twin Rivers Road
Columbia, MD 21044
410-715-3716
www.fcsmd.org

Managing Multiples

410-750-9487
Educational program for current or expecting parents of multiples

Mothers of Multiples Club

Columbia and Ellicott City
410-750-1322

PEDIATRICIAN REFERRAL SERVICE

Howard County Medical Society Referral Line

714 B & A Boulevard
Severna Park, MD 21146
1-877-633-2446
www.medchi.org

Howard County General Hospital

Member of Johns Hopkins Medicine
Physician Referral Website
410-740-7750
www.hcgh.org

SAFETY INFORMATION

Baby's Home Safe Home, Inc.

Assistance in baby proofing homes
410-308-2229
www.babyproofinghelp.com

Kids in Safety Seats (KISS)

410-767-6016
1-800-370-SEAT
www.mdkiss.org

Safe Kids Coalition

410-313-6090

Child Care

REFERRAL SERVICES

Howard County Child Care Resource Center – LOCATE: Child Care

3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1930
www.co.ho.md.us/childcareresourcecenter
Personalized referral to family or center care, before and after school care, and summer programs

Howard County Family Child Care Association

Referral Line: 301-776-4841
www.hcfcca.com

BEFORE AND AFTER SCHOOL CARE

Columbia Association

10221 Wincopin Circle, Suite 100
Columbia, MD 21044
410-715-3164
www.columbiaassociation.com

Howard County Department of Recreation and Parks

7120 Oakland Mills Road
Columbia, MD 21046
410-313-4651 or 4694

YMCA of Howard County

4331 Montgomery Road
Ellicott City, MD 21043
410-465-4344

CHILD CARE CENTERS

See The Early Childhood Guide published by Patuxent Publishing Company for a complete listing of child care centers in Howard County. For a copy, please call 410-313-1940

FAMILY CHILD CARE HOMES

Howard County Family Child Care Association
301-776-4841

DROP-IN CHILD CARE

Kids Time Out

5809 Clarksville Square Drive
Clarksville, MD 21029
410-531-3858

IN-HOME CARE

A Choice Nanny

8827 Columbia 100 Parkway, Suite 1A
Columbia, MD 21045
410-730-2229
www.achoicenanny.com

Au Pair in America

301-596-9786
800-928-7247
www.aupairinamerica.com

REGULATIONS AND LICENSING

Maryland State Department of Education – Office of Child Care

3300 North Ridge Road, Suite 190
Ellicott City, MD 21043
410-750-8770 or 8771
www.marylandpublicschools.org/MSDE/divisions/child_care

Education

Howard County Department of Education

10910 Route 108
Ellicott City, MD 21043
410-313-6600
www.hcps.org

HOME SCHOOLING RESOURCES

Columbia Home School Community

410-772-8213

Howard County Home Educators

410-964-2378

Maryland Association of Christian Home Educators

301-607-4284

Maryland Home Education Association

410-730-0073

ART CLASSES

AbraKadoodle

Art classes for children ages 20 months to 12 years
8830 Sandrope Court
Columbia, MD 21046
410-381-5566
www.abrakadoodle.com

Columbia Art Center

Long Reach Village Center
6100 Foreland Garth
Columbia, MD 21045
410-730-0075

Howard County Center for the Arts

8510 High Ridge Road
Ellicott City, MD 21043
410-313-2787

Howard County Department of Recreation and Parks

410-313-7275
www.howardcountymd.gov/RAP

COMPUTER AND TECHNOLOGY CLASSES

Computertots

Computer Explorers
443-535-8890
www.computertots.com/10
ctcemd@ctce.us

FutureKids

4785 Dorsey Hall Drive
Columbia, MD
410-997-1400

DANCE CLASSES

Aesthetics Dance Studio

3240 Corporate Court
Ellicott City, MD 21042
410-465-8233
www.aestheticsinc.com

Arabesque Studio of Dance

6935 Oakland Mills Road
Columbia, MD 21045
410-381-0017
www.livetodance.com

Backstage Dance Studio

7185 Columbia Gateway Drive
Columbia, MD 21046
410-312-0900

Ballet Royale

9147 Red Branch Road
Columbia, MD 21045
410-997-8443

Ballet With Cindee Velle

Long Reach Village Center
8775 Cloud Leap Court
Columbia, MD 21045
410-730-8113

Columbia Center for Theatrical Arts

PO Box 1509
Columbia, MD 21044
301-596-7400
410-381-0700
www.cctarts.com

Dance Dimension

Slayton House, Wilde Lake Village
Columbia, MD 21044
410-730-5396
301-490-0252

Dance Foundations

8940 Route 108, Suites I + J
Columbia, MD 21045
410-715-8764

Howard County Center for the Arts

8510 High Ridge Road
Ellicott City, MD 21043
410-313-2787

Howard County Department of Recreation and Parks

7120 Oakland Mills Road
Columbia, MD 21046
410-313-7275
www.howardcountymd.gov

Kinetics Dance Theatre

3280 Pine Orchard Lane
Ellicott City, MD 21042
410-480-1686
www.kineticsdance.org

Patuxent Youth Ballet

Atholton Shopping Center
10400 Shaker Drive, Suite 6
Columbia, MD 21046
www.marylandballet.com

Peabody Preparatory

8885 Old Frederick Road
Ellicott City, MD 21043
410-203-0664

Rock-n-Tots

7185 Gateway Drive
Columbia, MD
410-312-0900

DRAMA

Baltimore Children's Theatre

410-203-1757
www.baltimoretheatre.org

Drama Kids International

3225 B Corporate Court
Ellicott City, MD 21043
410-480-2017
www.dramakids.com

Howard County Department of Recreation and Parks

410-313-7275

Schoolhouse Theater Arts, Inc.

410-379-6991

The New Drama Learning Center

9130-I Red Branch Road
Columbia, MD 21045
410-997-9352

Young Artists Theatre

Cherry Tree Center
Laurel, MD
301-604-2844
www.yatheatre.com

MUSIC CLASSES

Columbia School of Music

8950 Route 108, Suite 117
Columbia, MD
410-964-2228

Howard County Department of Recreation and Parks

410-313-7275
www.howardcountymd.gov/RAP

Keyboard Arts

7185 Columbia Gateway Drive, Suite 0
Columbia, MD 21046
410-872-1017

Mike's Music

4872 Montgomery Road
Ellicott City, MD 21043
410-465-0700

Music Arts Center

Chatham Station
Ellicott City, MD 21042
410-461-1844
www.musicarts.com

Olenka School of Music

10015 Old Columbia Road, Suite G
Columbia, MD 21046
410-309-0770
www.olenkaschoolofmusic.com

Peabody Preparatory

8885 Old Frederick Road
Ellicott City, MD 21042
410-203-0664

Piano Perspective

Howard County Center for The Arts
8510 High Ridge Road
Ellicott City, MD 21043
410-465-6729

Suzuki Music School of Md Inc.

PO Box 1284
Columbia, MD 21044
410-964-1983
www.suzukimusicsschool.com

TUTORS AND STUDY SKILLS CLASSES

A-1 Evaluating & Tutoring

2026 Harman Ave
Baltimore, MD 21230
410-644-8828
www.overcomelearningproblems.com

Preschools

Refer to the Patuxent Publishing "Early Childhood Guide" for a complete listing of preschools in Howard County. Call Patuxent Publishing at 410-730-3990 to request a copy.

PRIVATE SCHOOLS

Atholton Adventist School

6520 Martin Road
Columbia, MD 21044
301-596-5593

Bet Yeladim

410-997-7378
www.BetYeladim.org

Bethel Christian Academy

8455 Savage Guilford Road
Savage, MD 20763
301-725-4673

Chapelgate Christian Academy

2600 Marriottsville Road
Marriottsville, MD 21104
410-442-5888
www.chapelgate.org

Children and Company Co-op Preschool

410-720-0027

Child's Garden Learning Center

10201 Donleigh Drive
Columbia, MD 21046
301-596-1108
410-995-1344

Clarlen Nursery, Inc.

2875 Bethany Lane
Ellicott City, MD 21042
410-465-7405

Columbia Academy

10350 Old Columbia Road
Columbia, MD 21046
410-312-7413
www.columbiaacademy.com

Columbia Montessori School

10508 Marble Faun Court
Columbia, MD 21044
410-772-8353

Covenant Community School

5485 Harpers Farm Road
Columbia, MD
410-313-9660 ext 205

Glenelg Country School

12793 Folly Quarter Road
PO Box 190
Glenelg, MD 21737
410-531-7347

Kiddie Academy in Elkridge

6534 Old Waterloo Road
Elkridge, MD 21075
410-799-7722
www.kiddieacademy.com

Mt. Airy Christian Academy

16700 Old Frederick Road
Mt. Airy, MD 21771
410-489-4321
www.mabcmd.org

Maryland School for the Deaf

8169 Old Montgomery Road
Ellicott City, MD 21043
410-480-4500
TTY 410-480-4501
www.msd.edu
Mailing Address: PO Box 894
Columbia, MD 21044

Our Lady of Perpetual Help

4801 Ilchester Road
Ellicott City, MD 21043
410-744-4251
www.olphschool.org

Resurrection St. Paul School

3165 Paulskirk Drive
Ellicott City, MD 21042
410-461-9111
www.resstpaul.org

Saint Augustine's School

5990 Old Washington Road
Elkridge, MD 21075
410-796-3040
www.staugustinechurch.org

St. John's Parish Day School

9130 Frederick Road
Ellicott City, MD 21042
410-465-7644
www.stjohnspds.org

St. Louis Elementary School

12500 Clarksville Pike
Clarksville, MD 21029
410-531-6664
www.stlouisparish.org/school

Temple Isaiah Preschool

12200 Scaggsville Road
Fulton, MD 20759
301-317-1101
410-888-9100
www.templeisaiah.org

The Goddard Schools

8866 Columbia 100 Parkway
Columbia, MD 21045
410-730-1500
9100 Quarterstaff Road
Columbia, MD 21044
410-531-1511
www.goddardpreschool.com

Trinity School

4985 Ilchester Road
Ellicott City, MD 21041
410-744-1524
www.trinitynews.org

PUBLIC SCHOOLS

Howard County Department of Education

410-313-6600
www.hcps.org

HEAD START

Howard County Early Learning Centers

Locations: Bushy Park Elementary, Elkridge Elementary, Fulton Elementary, Gorman Crossing Elementary, Kiwanis-Wallis Rec Center, Roger Carter Rec Center, Triadelphia Ridge Elementary, and Veterans Elementary

Howard County Department of Recreation and Parks

410-313-7275
www.howardcountymd.gov/RAP

Howard County Head Start

6751 Columbia Gateway Drive
Columbia, MD 21046
410-313-6443

TUTORS AND STUDY SKILLS CLASSES

For tutors in your area, contact your local school guidance office.

Bright Spot, Inc.

9715 Riverside Circle
Ellicott City, MD 21042
410-465-6856

Helping Hands

Tutoring Services
410-715-3053

Howard County Education Association

5082 Dorsey Hall Drive, Suite 102
Ellicott City, MD 21042
410-997-3440

Huntington Learning Center

8890 Centre Park Drive, Suite 200
Columbia, MD 21045
410-740-5577
www.huntingtonlearning.com

Mari Carmen

Spanish Tutor for ages 2 to adult
410-336-0461
maricarmen_Spanish@yahoo.com
www.howardcountySpanish.com

Matrix Educational Resources

6955 Snowden Center, Suite D
Columbia, MD 21045
410-290-5894

Professional Tutors of America, Inc.

1-800-832-2487
www.professionaltutors.com

The Reach Program

4200 St Paul Street
Baltimore, MD
410-467-9247

ReadyKids Tutoring

410-531-1005

SCORE

Enchanted Forest Shopping Center
10030 Baltimore National Pike
Ellicott City, MD 21042
410-750-6720
www.escore.com

Stressless Tests Program

410-740-4659
www.stresslesstests.org

Sylvan Learning Center

5570 Sterrett Place, Suite 100
Columbia, MD 21044
410-740-8331
www.educate.com

CHILDREN'S TRANSPORTATION SERVICES

Kangaroo Coach

410-536-5252

Special Needs Services

Howard County Child Find

410-313-7046
Developmental Screening and Early Intervention Services, Ages 4 and over

Howard County Infant and Toddler Program

410-313-7017
Developmental Screening and Early Intervention Services, Ages 0-3

Center for Social Change, Inc.

A therapeutic integrated program for school-age individuals with autism
6600 Amberton Drive
Elkridge, MD 21075
410-579-6789
www.centerforsocialchange.org

County Diagnostic Center

5451 Beaverkill Road
Columbia, MD 21044
410-313-7046

CSAAC – Community Services for Autistic Adults and Children

301-762-1650

Howard County ARC

11735 Homewood Road
Ellicott City, MD 21042
410-730-0638

Howard County Department of Education

Special Education Office
10910 Route 108
Ellicott City, MD 21042
410-313-6655

Maryland School for the Deaf

8169 Old Montgomery Road
Ellicott City, MD 21043
410-480-4500
TTY: 410-480-4501
www.msd.edu

My Building Blocks

301-919-0649
www.mybuildingblocks.com
Special education consulting for children ages 0-8

PACT- Helping Children with Special Needs

7000 Tudsbury Road
Baltimore, MD 21244
410-298-7000
www.kennedykrieger.org

Project ACT (All Children Together)

Abilities Network
8503 La Salle Road
Towson, MD 21286
410-828-7700
www.abilitiesnetwork.org

The Family Support and Resource Center

Faulkner Ridge Center
10598 Marble Faun Court
Columbia, MD 21044
410-313-7161

Therapeutic Recreation Services

Howard County Department of Recreation and Parks
410-313-7275
www.howardcountymd.gov/RAP

Community and Government Resources

CARE Center for Child and Adolescent Resources

410-313-CARE (2273)
Information for parents about local services & resources for children and teens; help with children's challenging behaviors; strategies for working with a child's social and emotional needs

Howard County Department of Fire and Rescue

6751 Columbia Gateway Drive
Columbia, MD 21046
410-313-6000

Howard County General Information

410-313-3000
www.howardcountymd.gov

Howard County Police

Northern Patrol District
3410 Courthouse Drive
Ellicott City, MD
410-313-3200

Howard County Police

Southern Patrol District
11226 Scaggsville Road
Laurel, MD 20723
410-313-3700

North Laurel-Savage Multiservice Center

One-stop location includes satellite offices for: Community Action Council, the Department of Social Services, Domestic Violence Center, Family and Children's Services, FIRN, Grassroots, Legal Aid Bureau
9105 All Saints Road
Laurel, MD 20723
301-498-7509

ANIMAL ISSUES

Howard County Animal Control Facility

8576 Davis Road
Columbia, MD 21045
410-313-2780

Animal Bites and Rabies

Howard County Health Department
7178 Columbia Gateway Drive
Columbia, MD 21046
410-313-1773

CHILDREN'S SERVICES

Howard County Department of Citizen Services

Office of Children's Services
3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940

Governor's Office for Children

410-767-4160

Relatives as Parents Program (RAP)

3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940
Provides support services for kinship caregivers

Howard County Local Children's Board

3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940
A public and private collaboration ensuring a strong continuum of services for Howard County families and children

Howard County Department of Citizen Services

Disabilities Services
410-313-6402

Howard County Department of Social Services

7121 Columbia Gateway Drive
Columbia, MD 21046
Main number: 410-872-8700
Aid to Families with Dependent Children: 410-872-8700
Child Care Financial Assistance: 410-872-8706
Child Protective Services: 410-872-4203
Child Support Enforcement: 410-872-8700
Foster Care: 410-872-8700
Medical Assistance: 410-872-8700

CONSUMER ISSUES

Better Business Bureau of Greater Maryland

2100 Huntington Avenue
Baltimore, MD 21211
410-347-3990
www.bbb.org

Commissioner of Consumer Credit

Financial Regulations
500 North Calvert Street
Baltimore, MD 21202
410-230-6100

Consumer Credit Counseling Services

757 Frederick Road
Baltimore, MD 21228
800-747-4222

Howard County Office of Consumer Affairs

410-313-6420

FOSTER CARE

Center for Family Services

11 East Mount Royal Avenue
Baltimore, MD 21202
410-685-2363
www.catholiccharities-md.org

Howard County Department of Social Services

410-872-8700

Jewish Family Services

Parkview Plaza Building
8950 Route 108, Suite 115
Columbia, MD 21045
410-715-5057

KidsPeace National Centers For Kids in Crisis

6410-G Dobbin Road
Columbia, MD 21045
1-877-266-8460 (toll free)
www.kidspeace.org

HEALTH AND WELLNESS

Howard County Health Department

410-313-7500 or 410-313-6300

Howard County Mental Health Authority

410-313-7350
www.hcmha.org

Horizon Foundation

410-715-0311
Funds grants for programs
advancing community
health and wellness

LEGAL ISSUES

Family Court Services Coordinator

Howard County Circuit Court
410-313-2225

Family Law Hotline

Women's and Children's Legal Issues
800-845-8550

Howard County Lawyer Referral Service

410-313-2035

Howard County Local Children's Board

3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940

Legal Aid Bureau

410-539-5340

Lobbying and Advocacy Groups

Advocates for Children and Youth
34 Market Place, 5th Floor
Baltimore, MD 21202
410-547-9200

Maryland Committee for Children, Inc.

608 Water Street
Baltimore, MD 21202
410-752-7588
www.mdchildcare.org

Mothers Against Drunk Driving (MADD)

3277 Pine Orchard Lane, Suite 1
Ellicott City, MD 21042
410-465-5757

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

410-290-8292
www.pflag.com

The Family Tree

2108 North Charles Street
Baltimore, MD 21218
410-889-2300

Voices for Children

5550 Sterrett Place, Suite 215
Columbia, MD 21044
410-740-0933
www.voicesforchildren.org

Financial and Food Assistance Programs

Christ Church Link

410-309-0605

Coalition for Compassion

5885 Robert Oliver Place
Columbia, MD 21046
410-997-2781

Community Action Council

6751 Columbia Gateway Drive
Columbia, MD 21046
410-313-6440

FISH of Howard County

PO Box 34
Ellicott City, MD 21041
410-964-8660

Grassroots Crisis Intervention Center

6700 Freetown Road
Columbia, MD 21044
410-531-6006
Hotline: 410-531-6677

Howard County Food Bank

7101 Riverwood Drive
Columbia, MD 21046
410-313-6440

Howard County WIC Program

10630 Little Patuxent Parkway
Columbia, MD 21044
410-313-7510

Maryland Primary Adult Care Program (PAC)

1-800-226-2142

Purchase of Care Program – child care subsidy vouchers

Department of Social Services
410-872-8700 or 410-872-8706

Information Services and Hotlines

Howard County Health Department

Columbia: 410-313-7500
Laurel: 410-880-5888

Auto Safety Hotline

800-424-9393

CARE Center for Child and Adolescent Resources

410-313-CARE(2273)
Information for parents about local services & resources
for children and teens; help with children's challenging
behaviors; strategies for working with a child's social
and emotional needs

Casa De Maryland

301-270-3609

www.casademaryland.org

Resources, information, and advocacy for low-income families and immigrants

Child Find – National Runaway Hotline

1-800-292-9688

www.childfindofamerica.org

Childhelp - National Child Abuse Hotline

1-800-422-4453

800-4-A-Child

www.childhelpusa.org

Christ Church Link – information and referral for assistance services

410-309-9695

First Call for Help

Free, confidential information and referral to health and human services, 24 hours a day, 7 days a week
800-492-0618 (24 hours)

Family Options

Teen Parenting Program

410-880-5888

FIRN - Foreign Born Information and Referral

410-992-1923

Grassroots Crisis Intervention Center

6700 Freetown Road

Columbia, MD 21044

Hotline: 410-531-6677

www.grassrootscrisis.org

Health Information Line (Spanish and English)

301-270-8432

Hearing and Speech Helpline

800-638-8255

Jewish Information Service

410-466-4636

Kids in Safety Seats (KISS)

410-767-6016

Help Line: 800-370-SEAT

Maryland Poison Center

www.mdpoison.com

1-800-222-1222

National Child Safety Council

1-800-327-5107

Parent's Stress Line

800-243-7337

Poison Control Information Center

800-222-1222

U.S. Consumer Product Safety Commission

800-638-2772

Libraries

Howard County Library Community Information System

410-313-7850

Children's Desk: 410-313-7880

www.hclibrary.org

Central Library

10375 Little Patuxent Parkway

Columbia, MD 21044

410-313-7800

East Columbia Library

6600 Cradlerock Way

Columbia, MD 21045

410-313-7700

Elkridge Branch Library

6540 Washington Boulevard

Elkridge, MD 21075

410-313-5077

Glenwood Branch Library

2350 Route 97

Cooksville, MD 21723

410-313-5577

Miller Branch Library

9421 Frederick Road

Ellicott City, MD 21042

410-313-1950

Savage Branch Library

9525 Durness Lane

Laurel, MD 20723

410-880-5975

Support Groups and Resources

ABUSE

Child Advocacy Center

410-313-2630

Child Protective Services

410-872-4203

Domestic Violence Center of Howard County

8950 Route 108, Suite 116

Columbia, MD 21045

410-997-0304

Helpline: 410-997-2272

STTAR Center -Sexual Trauma Treatment, Advocacy and Recovery Center, Inc.

9810 Patuxent Woods Drive, #C

Columbia, MD 21046

410-290-6432

Hotline: 410-997-3292

support groups & resources

The Family Tree

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
Stress line (24 hours): 410-243-7337

BEREAVEMENT

Center for Infant and Child Loss

410-706-5062
800-808-7437
www.infantandchildloss.org

Compassionate Friends

PO Box 625
Brooklandville, MD 21022
410-321-7053

Steven Daniel Jeffreys Foundation

410-730-3310
jeffreys3@verizon.net

DIVORCED AND SINGLE PARENTS

Big Brothers Big Sisters of Central Maryland

8775 Cloudleap Court, Suite 214
Columbia, MD 21045
410-740-2304
www.biglittle.org

Career Links

Howard Community College
10901 Little Patuxent Parkway
Columbia, MD 21044
410-772-4954
410-772-4840
www.howardcc.edu

Columbia Catholic Single Again

10431 Twin Rivers Road
Columbia, MD 21044
410-964-1437

Jewish Family Services

410-730-4976 ext 22

National Family Resiliency Center

2000 Century Plaza, Suite 121
Columbia, MD 21044
410-740-9553
www.divorceabc.com

Parents Without Partners

PO Box 6205
Columbia, MD 21045
410-381-2650

Parents Without Partners – Owings Mills, Reisterstown, Glyndon

410-356-5200 ext 505
chaverimpwp@aol.com

Stepfamily Association of America

www.stepfamilyinfo.org

SUBSTANCE ABUSE

Al-Anon/Alateen/Alano Club

5355 Phelps Luck Drive
Columbia, MD
410-997-2288

Alcohol and Drug Counseling Center

Howard County Health Department
7178 Columbia Gateway Drive
Columbia, MD 21046
410-313-6202 or 410-313-6300

Drugensic

8659 Baltimore National Pike, Suites M & N
Ellicott City, MD 21043
410-365-1228
Adolescent drug and alcohol testing and treatment
www.drugensic.com

LEARNING DISABILITIES

CHADD of Greater Baltimore (Children of Attention Deficit Disorder)

1701 Dulany Valley Road
Towson, MD 21201
410-377-0249
800-233-4050

Howard County Disabilities Services

6751 Columbia Gateway Drive
Columbia, MD 21046
410-313-6402

Individual Differences in Learning

410-480-0196
www.gifteddifferentlearners.org

The Family Support and Resource Center

Faulkner Ridge Center
10598 Marble Faun Court
Columbia, MD 21044
410-313-7161

The International Dyslexia Association

8600 LaSalle Road, Suite 382
Baltimore, MD 21286
410-296-0232

MULTIPLES

Columbia Mothers of Multiples Club

410-750-1322

Managing Multiples

410-750-9487

PARENTING ISSUES, INFORMATION, AND CLASSES

CARE Center for Child and Adolescent Resources

410-313-CARE(2273)
Information for parents about local services & resources for
children and teens; help with children's challenging behaviors;
strategies for working with a child's social and emotional needs

support groups & resources

ARC of Howard County

410-730-0638

Baptist Family and Children's Services

410-872-1050

Center for Children & Adolescents

410-281-2070

Christian Counseling Association

STEP Program

410-995-5587

301-596-5759

Family and Children's Services

10451 Twin Rivers Road

Columbia, MD 21044

410-997-3557

Family Options Teen Parenting Program

410-880-5888

FIRN Foreign Born Information and Referral

5999 Harpers Farm Road, Suite E-200

Columbia, MD 21044

410-992-1923

Howard County Local Children's Board

3300 North Ridge Road, Suite 380

Ellicott City, MD 21043

410-313-1940

A public and private collaboration ensuring a strong continuum of services for Howard County Families and Children

Judy Center at Cradlerock School

410-381-9407

Parenting classes on school readiness (for parents of children birth – 5 years)

410-381-9407

MENS Program

410-872-8777

Parenting classes, support, and mentoring for fathers

Parents as Teachers Program

Howard County Office of Children's Services

3300 North Ridge Road, Suite 380

Ellicott City, MD 21043

410-313-1923 or 410-313-1940

Parents at Home (PATH)

410-992-9291

Relatives as Parents Program (RAP)

Howard County Office of Children's Services

410-313-1940

410-313-1431

Provides support services for kinship caregivers

The Family Tree

410-889-2300

SEXUALITY

Coalition for Adolescent Pregnancy Prevention (CAPP)

6700 Freetown Road

Columbia, MD 21044

410-531-6019

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

Helpline 410-290-8292

www.pflag.com

SPECIAL NEEDS

ARC of Howard County

11735 Homewood Road

Ellicott City, MD 21042

410-730-0638

Maryland Disability Law Center

410-727-6352

800-233-7201

www.mdicbalto.org

Mom's Night Out

410-418-4940

Moms of special needs children

PARENT EDUCATION AND SUPPORT

Maryland State Department of Education – Special Education

410-767-0100

Project ACT/Abilities Network

410-828-7700

800-492-2523

American Diabetes Association

1-888-342-2383

410-265-0075

Asthma and Allergy Foundation

410-550-2302

800-727-9333

Autism Society of America

301-657-0881

Brain Injury Association of MD

410-448-2924; 800-221-6443

Cerebral Palsy Parent Support Group of Howard County

410-992-4599

Chesapeake-Potomac Spina Bifida Association

410-295-9222

Crohn's and Colitis Foundation of America, Baltimore Chapter

1107 Kenilworth Drive, Suite 320

Towson, MD 21204

443-276-0861

800-618-5583

Cystic Fibrosis Foundation

410-771-9000

Down Syndrome Resource Network of Howard County

410-730-4266

Juvenile Diabetes Foundation

410-823-0073

www.jdrf.org

support groups – health care

Maryland School for the Blind

Information and support for parents of blind or partially sighted children
410-444-5000 ext 299

Maryland Society for Cleft Lip and Palate Children

410-461-6395
410-244-7171

Maryland Speech, Language and Hearing Association

410-239-7770
www.mdslha.org

National Organization of Parents of Blind Children

410-659-9314
www.nfb.org

Options - Families of the Deaf and Hard of Hearing

5380 Harvest Moon Lane
Columbia, MD 21044
410-992-4597

Pathfinders for Autism

PO Box 1426
Cockeysville, MD 21030
www.pathfindersforautism.org

Sickle Cell Disease - Maryland Chapter

410-383-2214
scdaam@ad.com

The Feingold Association

For parents whose children are chemical-sensitive
800-321-3287

United Cerebral Palsy of Central Maryland

410-484-4540
410-992-4599

STAY AT HOME PARENT ORGANIZATIONS

MOMS Club (Moms Offering Moms Support)

Elkridge - 410-551-4550
Clarksville - 410-531-6267
www.momsclub.org

Mothers and More (working and stay-at-home moms)

410-379-6459
410-788-0763

Mothers of Preschoolers (MOPS)

Breanna Shumpert
410-795-7277

Parents at Home (PATH)

PO Box 2425
Columbia, MD 21045
410-992-9291
parents-at-home@hotmail.com

Parents at Home (PATH) of Clarksville

410-489-2683

Health Care

Maryland Children's Health Insurance Program (MCHIP)

410-313-7500
Low-cost health insurance for families who meet income eligibility guidelines

COUNSELING AND MENTAL HEALTH

Drugensic

8659 Baltimore National Pike, Suites M & N
Ellicott City, MD 21043
410-365-1228
Adolescent drug and alcohol treatment and drug testing
www.drugensic.com

Family & Children's Services

10451 Twin Rivers Road
Columbia, MD 21044
410-997-3557

Howard County Mental Health Authority

410-313-7350

Jewish Family Services

410-730-4976 ext 22

MSA – The Child & Adolescent Center

Outpatient mental health services for children and adolescents
10005 Old Columbia Road, Suite L260
Columbia, MD 21046
443-259-0400

Sheppard Pratt

WAY Station
9030 Route 108, Suite A
Columbia, MD 21045
410-740-1901

Teen Counseling at Bethany House

Eating disorders, depression and suicide, violence and delinquency, underachievement
9925 Postwick Road
Ellicott City, MD 21042
410-465-8985

CPR AND FIRST AID CLASSES

American Red Cross

5435 Vantage Point Road
Columbia, MD 21044
410-764-4609

Howard County Department of Fire and Rescue

Free CPR Classes - 410-313-2016

Howard County General Hospital Wellness Center

11055 Little Patuxent Parkway
Columbia, MD 21044
410-740-7600

Howard County Office of Children's Services

3300 N. Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940

EMERGENCY ROOMS, HOSPITALS, URGENT CARE

Howard County General Hospital

5755 Cedar Lane
Columbia, MD 21044
410-740-7777

AllCare of Maryland

Pediatric and adult care, open 7 days/week,
in-house pharmacy
M-F 9 am – 8 pm; Sat and Sun 12 noon – 6 pm
6955 Oakland Mills Road, Suite N
Columbia MD 21045
410-290-9990

Nighttime Care Center

301-596-NITE
www.nighttime.com
Health care services provided for children and adults during
overnight hours, on weekends, and on holidays.

DENTISTS AND ORTHODONTISTS REFERRAL SERVICE

Maryland State Dental Association

410-964-2880
www.msda.com

HOWARD COUNTY HEALTH DEPARTMENT

Columbia Health Center

7180 Columbia Gateway Drive
Columbia, MD 21046
410-313-7500
www.howardcountymd.gov

Ellicott City Health Center

8492 Baltimore National Pike, Suite 103
Ellicott City, MD 21043
410-313-2333

Southeastern Health Center

9525 Durness Lane
Laurel, MD 20723
410-880-5888

Addictions Services

7178 Columbia Gateway Drive
Columbia, MD 21046
410-313-6202

IMMUNIZATIONS

Free Immunization Clinics

Howard County Health Department
410-313-7500

OCCUPATIONAL/ PHYSICAL THERAPY

Infants and Toddlers Program

10598 Marble Faun Court
Columbia, MD 21044
410-313-7017

Central Maryland Rehab Center

6300 Woodside Court
Columbia, MD
410-312-9000

PEDIATRICIAN REFERRAL SERVICE

Howard County Medical Society

1-877-633-2446
M-F 8:30 am - 4:00 pm

Family Fun

PARENT/CHILD PLAY PROGRAMS

Gymboree

8813 Waltham Wood Road, Suite 304
Baltimore, MD 21234
866-663-0200
www.gymboree.com

Howard County Library

Parent/child play programs
410-313-7750

Howard County Department of Recreation and Parks

410-313-7275
www.co.ho.md.us

Wee Friends

410-381-5633
www.wee-friends.com

Working Mothers Playgroup

410-664-2096

FAMILY FUN AND ENTERTAINMENT

Howard County Tourism Council and Calendar of Events

8267 Main Street
Ellicott City, MD 21041
410-313-1900
www.visithowardcounty.com

Candlelight Concert Society, Inc.

PO Box 1142
Columbia, MD 21044
443-367-3123; 443-367-3122
info@candlelightconcerts.org
www.candlelightconcerts.org
Performing Arts Series for Children & Families -
October to March

Howard County Department of Recreation and Parks

410-313-7275
www.howardcountymd.gov/RAP

Picnics at Lake Elkhorn

410-715-3161

Summer Nights on Lake Kittamaqundi - Free Concerts

410-715-3161

Maryland State Parks – Campsite Reservations

1-888-432-2267
www.dnr.state.md.us

CA Teen Centers

5851 Robert Oliver Place
Columbia, MD 21045
Pool, ping pong, computers, air hockey, etc
Oakland Mills: 410-992-3726

Camping at Patapsco State Park

410-461-5005

Clark's Elioak Farm

10500 Route 108
Ellicott City, MD 21041
410-730-4049
www.clarklandfarm.com
Petting farm, pony rides, hay rides, birthday parties & special events

College Park Aviation Museum

1985 Cpl. Frank Scott Drive
College Park, MD 20740
301-864-6029

Dave and Busters

Arundel Mills Mall
443-755-0113

Earth Treks

7125-C Columbia Gateway Drive
Columbia, MD 21046
Rock Climbing and repelling courses
410-872-0060
www.earthtreksclimbing.com

Fancy Me Tea

443-465-0752

Jump! Zone

7175 Oakland Mills Road
Columbia, MD 21046
www.jumpzoneparty.com

Let's Dress Up

8600 Foundry Street
Savage, MD 20763
410-724-0060

Lively Arts for Little Ones

Oakland Mills Community Association
5851 Robert Oliver Place
Columbia, MD 21045
301-596-5237
Dramatic Series from October to April

Oakland Mills Community Association

5851 Robert Oliver Place
Columbia, MD 21045
410-730-4610
International festival, space rental for parties, dance and sports classes

PlayWise Kids

6570 Dobbin Road
Columbia, MD
410-772-1540

Pump It Up, The Inflatable Party Zone

7184 Troy Hill Drive, Suite H
410-579-1122
www.pumpitupparty.com

Rocky Gorge

Miniature golf, batting cages, driving range
8445 Old Columbia Road
Laurel, MD 20723
301-725-8947

Shadowland

9179 Red Branch Road
Columbia, MD 21045
410-740-9100
www.shadowlandadventures.com

The Pottery Stop

Corner of St. John's Lane & Rt. 40
Ellicott City, MD 21043
410-480-0111

Toby's Dinner Theatre

5900 Symphony Woods Road
Columbia, MD 21045
410-730-8311
301-596-6161

SPORTS ACTIVITIES

Rounding Third Sports Center

6600 Amberton Drive
Elkridge, MD 21075
410-796-0800

Columbia Association Supreme Sports Club

7080 Deepage Drive
Columbia, MD 21045
410-381-5355

Columbia Athletic Club

5435 Beaverkill Road
Columbia, MD 21045
410-730-6755

Supreme Sports Club

410-381-5355

Columbia Gym

410-531-8984

Howard County Department of Recreation and Parks

410-313-7275
www.howardcountymd.gov/RAP

Jhoon Rhee Tae Kwon Do Birthday Parties

9520 Gerwig Lane
Columbia, MD 21046
410-381-4999

Laurel Boys and Girls Club

Baseball, basketball, bowling, boxing, Brazilian kickboxing, cheerleading, football, golf, lacrosse, pom-poms, power lifting, soccer, softball, track and field, wrestling
301-953-9340

Poolside Fun at the Outdoor Pools in Columbia

410-312-6332

Roller Skating at the Supreme Sports Club

7080 Deepage Drive
Columbia, MD 21045
410-381-5355

Savage Boys and Girls Club

Baseball, Basketball, Flag Football, Soccer, Softball
301-604-8308

Splashdown Parties at the Columbia Swim Center

10400 Cross Fox Lane
Columbia, MD 21044
410-730-7000

INNER HARBOR ATTRACTIONS

Maryland Science Center and Davis Planetarium

601 Light Street
Baltimore, MD 21230
410 685-5225
www.mdsci.org

National Aquarium in Baltimore

Pier 3, Inner Harbor
501 Pratt Street
Baltimore, MD 21202
410-576-3800
www.aqua.org

Top of the World

World Trade Center
401 East Pratt Street
Baltimore, MD 21202
410-837-8439

Camden Yards

333 W. Camden Street
Baltimore, MD 21201
410-685-9800
www.theorioles.com

Ravens Stadium

Baltimore Ravens
1101 Russell Street
Baltimore, MD 21201
410-261-7183
www.baltimoreravens.com

USS Constellation

Pier 1 Inner Harbor
Museum, gift shop, educational tours
410-539-1797
www.constellation.org

HISTORIC SITES

African Art Museum of Maryland

Historic Oakland at Town Center
5430 Vantage Point Road
Columbia, MD 21044
410-730-7106; 301-596-0051
www.africanartmuseum.org

Babe Ruth Birthplace/Baltimore Orioles Museum

216 Emory Street
Baltimore, MD
410-727-1539

Londontown Public House and Garden

839 Londontown Road
Edgewater, MD 21037
410-222-1919
www.historiclondontown.com

Maryland State House Visitor Center

91 State Circle
Annapolis, MD 21401
410-974-3400

Montpelier Mansion

Muirkirk Road & Route 197
Laurel, MD 20708
301-953-1376
www.pgparcs.com

Patapsco Female Institute/Mt. Ida

3691 Sarah's Lane
Ellicott City, MD 21043
410-465-8500
patapscofemaleinstitute.com

The Star Spangled Banner Flag House & 1812 Museum

844 East Pratt Street
Baltimore, MD 21202
410-837-1793
www.flaghouse.org

Ladew Topiary Gardens

3535 Jarrettsville Pike
Monkton, MD
410-557-9466
www.ladewgardens.com

American Visionary Art Museum

800 Key Highway
Baltimore, MD 21230
410-244-1900
www.avam.org

U.S. Naval Academy Museum

118 Maryland Avenue
Annapolis, MD 21402
410-293-2108
www.usna.edu

Western Maryland Railway Museum

41 N. Main Street
Union Bridge, MD 21791
410-775-0150

William Paca House and Gardens

Historic Annapolis Foundation
18 Pinkney Street
Annapolis, MD 21401
410-263-5553
www.annapolis.org

MUSEUMS

B&O Railroad Museum

901 W. Pratt Street
Baltimore, MD 21223
410-752-2490
www.borail.org

Baltimore Museum of Art

Art Museum Drive at Chester & 31st Streets
Baltimore, MD
410-396-7100
www.artbma.org

Baltimore Street Car Museum

1911 Falls Road
Baltimore, MD
410-547-0264
www.baltimoremd.com/streetcar

Banneker-Douglas Museum of Afro-American Life and History

84 Franklin Street
Annapolis, MD
410-216-6180

Calvert Marine Museum

14200 Solomons Island Road
Solomons, MD
410-326-2042

Capital Children's Museum

800 3rd Street NE
Washington, DC
202-675-4120
www.ccm.org

Carroll County Farm Museum

500 S. Center Street
Westminster, MD 21157
410-876-2667
www.ccgov.carr.org/farm

College Park Aviation Museum

1985 Cpl. Frank Scott Drive
College Park, MD 20740
301-864-6029

Ellicott City B&O Railroad Station Museum

Main Street and Maryland Avenue
Ellicott City, MD
410-461-1944/1945
www.ecbo.org

Firehouse Museum

Main Street and Church Road
Ellicott City, MD
410-313-2690

Fort George G. Meade Army Museum

4674 Griffin Avenue
Fort Meade, MD
301-617-6966

Maryland Institute College of Art

W. Mt. Royal Avenue
Baltimore, MD
410-669-9200

Montpelier Cultural Arts Center

12826 Laurel-Bowie Road
Laurel, MD 20708
301-953-1993

National Gallery of Art

Constitution Avenue at 6th Street, NW
Washington, DC
202-737-4215

National Museum of Dentistry

31 South Greene Street
Baltimore, MD
410-706-0600

Peale Museum

225 Holiday Street
Baltimore, MD
410-396-1149

Port Discovery Children's Museum in Baltimore

34 Market Place, Suite 905
Baltimore, MD
410-727-8120

Smithsonian Museum Group

Washington DC
202-357-2700

The Walters Art Gallery

Cathedral and Centre Streets
Baltimore, MD
410-547-9000

PARKS AND GARDENS

Chesapeake Wildlife Sanctuary

17308 Queen Anne Bridge Road
Bowie, MD
301-390-7010
www.chesapeakewildlife.org

Irvine Nature Center

8400 Greenspring Avenue
Stevenson, MD 21253
410-484-2413
www.explorenature.org

Jug Bay Wetlands Sanctuary

1361 Wrighton Road
Lothian, MD 20711
call for reservations 410-741-9330
www.jugbay.org

Larriland Farm

2415 Woodbine Road
Woodbine, MD 21797
410-442-2605
301-854-6110
www.pickyourrown.com

Patuxent Wildlife Research Center

Rt 197 & Powder Mill Road
Laurel, MD
301-497-5583

Smithsonian Environmental Research Center

Edgewater, MD
443-482-2200 ext 7

ZOOS

Maryland Zoo at Baltimore

Druid Hill Park
410-396-7102
www.baltimorezoo.org

National Zoological Park

3001 Connecticut Avenue, NW
Washington, DC
202-673-4821

LOCAL PARKS AND RECREATION CENTERS

Howard County Department of Recreation and Parks

General information on facilities and activities
410-313-4700
www.howardcountymd.gov/RAP

Alpha Ridge Park

11685 East Old Frederick Road
Marriottsville, MD 21104

Glenwood Community Center

2400 Route 97
Cooksville, MD 21723

Meadowbrook Park

5001 Meadowbrook Lane
Ellicott City, MD 21043

Rockburn Branch Park

6145 Montgomery Road
Ellicott City, MD 21043

Western Regional Park

14800 Carrs Mill Road
Woodbine, MD 21723

Worthington Park and Off-Leash Area

8170 Hillsborough Road
Ellicott City, MD 21043

Columbia Association

10221 Wincopin Circle, Suite 100
Columbia, MD
410-715-3000
www.columbiaassociation.com

Brighton Dam Area

2 Brighton Dam Road
Brookeville, MD
301-774-9124

Cedar Lane Park

5081 Cedar Lane
Columbia, MD
410-313-4700

Centennial Park

10000 Route 108
Ellicott City, MD
410-313-4700

Elkridge School Recreation Center

7075 Montgomery Road
Elkridge, MD
410-313-4700

Forest Ridge School Recreation Center

9550 Gorman Road
Laurel, MD
410-313-4700

Kiwanis-Wallas Park Recreation Center

10481 Frederick Road
Ellicott City, MD
410-313-4700

Lake Elkhorn Park

Columbia, MD
Columbia Association
410-715-3000
www.columbiaassociation.com

Lake Kittamaqundi

Columbia, MD
Columbia Association
410-715-3000
www.columbiaassociation.com

Mountview School Recreation Center

12101 Woodford Road
Marriottsville, MD
410-313-4700

Patapsco Valley State Park

Hollifield Area: 410-461-5005
Hilton Area: 410-461-5005
www.dnr.state.md.us

Rockburn School Recreation Center

6145 Montgomery Road
Elkridge, MD
410-313-4700

Roger Carter Neighborhood Center

3676 Fells Lane
Ellicott City, MD
410-313-2764 or 4700

Savage Park

Baltimore Street at Fair Street
Savage, MD
410-313-4700

Schooley Mill Park

12975 Hall Shop Road
Highland, MD
410-313-4700

Symphony Woods

Columbia, MD
410-715-3000
www.columbiaassociation.com

Wilde Lake Park

Columbia Association
Columbia, MD
410-715-3000
www.columbiaassociation.com

SPECIAL NEEDS RECREATION

Howard County Department of Recreation and Parks

7120 Oakland Mills Road
Columbia, MD 21045
410-313-7275

Howard County Youth Program

410-461-1874
Special Needs Baseball and Softball

Therapeutic and Recreational Riding Center, Inc.

15856 Frederick Road
Lisbon, MD 21765
410-489-5100

Scouting and Other Youth Organizations

Big Brothers Big Sisters of Central Maryland

410-243-4000
www.biglittle.org

Boy Scouts of America, Baltimore Area Council

410-573-2500

Girl Scouts of Central Maryland

410-358-9711
800-492-2521

4-H Club

3525 L Ellicott Mills Drive
Ellicott City, MD 21043
410-313-2707

Sports

BASEBALL AND SOFTBALL

Columbia Youth Baseball Association

410-465-1857
www.columbiabaseball.com

Elkridge Youth Organization

410-922-0511

Howard County Youth Program

410-461-1874

Laurel Boys and Girls Club

701 Montgomery Street
Laurel, MD 20707
301-953-9340
www.lbgcwildcats.org

BASKETBALL

Columbia Basketball Association

410-381-0786

Howard County Youth Program (HCYP) Basketball

410-461-1874

Laurel Boys and Girls Club

301-953-9340

Western Howard County Youth Basketball Association

410-489-0351

BOWLING

Brunswick Columbia Lanes

7100 Carved Stone Road
Columbia, MD 21044
410-381-7750

Brunswick Normandy Lanes

8419 Baltimore National Pike
Ellicott City, MD
410-465-0355

CHEERLEADING

Laurel Boys and Girls Club

301-953-9340

Columbia Association Teen Center

5851 Robert Oliver Place
Columbia, MD 21045
410-992-3726

GYMNASTICS

Columbia Gymnastics

9200 Rumsey Road, Suite 2
Columbia, MD 21045
410-964-2053
www.columbiagymnastics.com

Emilia Gymnastics Training Center

9525 Berger Road
Columbia, MD 21046
410-381-7565

Gymnastics Plus

6655 Dobbin Road
Columbia, MD
410-381-0766

Gymboree

7185 Columbia Gateway Drive,
Suite #1
Columbia, MD 21046
866-663-0200
www.gymboree.com

My Gym

8890 Centre Park Drive
Columbia, MD 21045
410-730-3308
www.my-gym.com

Pomeroy Gymnastics

3800 Ten Oaks Road
Glenelg, MD
410-489-5705

Top Flight Gymnastics

9179 Red Branch Road
Columbia, MD
410-992-1600

HOCKEY**Howard County Youth Hockey Club**

5876 Thunder Hill Road
Columbia, MD 21045
410-730-6838

HORSEBACK RIDING**Columbia Horse Center**

10400 Gorman Road
Laurel, MD 20723
301-776-5850
www.columbiahorsecenter.com

Maple Spring Horse Farm

14347 Burnt Wood Road
Glenwood, MD 21738
410-442-2295

Therapeutic and Recreational Riding Center, Inc

3750 Shady Lane
Glenwood, MD
410-489-5100

ICE SKATING**Columbia Ice Rink**

5876 Thunderhill Road
Columbia, MD 21045
410-730-0322
www.columbiaassociation.com

Laurel Skating Center

9890 Brewers Court
Laurel, MD 20723
301-725-8070

The Gardens Ice House

13800 Old Gunpowder Road
Laurel, MD
301-953-0100

JUMP ROPE TEAM**Kangaroo Kids Precision Jump Rope Team**

410-750-8062

LACROSSE**Howard County Lacrosse Program**

410-203-2100
www.hclp.8m.com

ROLLER SKATING**Supreme Sports Club**

7080 Deepage Drive
Columbia, MD 21045
410-381-5355
www.columbiaassociation.com

RUNNING**Howard County Junior Striders**

410-964-1998

SOCCER**Howard County Youth Soccer**

410-461-1874

Soccer Association of Columbia

4560 Centennial Lane
Ellicott City, MD 21042
410-208-9590
www.sackick.com

Western Howard County Soccer

410-489-9277

SWIMMING**Atholton Swim Club**

Wesleigh & Seneca Drive
Columbia, MD
410-964-0068

Forest Hill Swim and Tennis Club

4310 Columbia Road
Columbia, MD
410-465-1386
www.foresthillclub.com

Hammond Park Recreation, Inc.

8034 Helmet Drive
Laurel, MD
301-725-1300

Watermont Swim Club

315 Bellanca Drive
Elkridge, MD
410-796-8726
www.watermont.org

West Howard Swim Club

16131 Old Frederick Road
Lisbon, MD
410-489-7350

Columbia Association Pools

Outdoor Pools: 410-312-6332
Indoor Pools: 410-730-7000
Aquatics Office: 410-312-6332

Roger Carter Pool

3676 Fells Lane
Ellicott City, MD 21043
410-313-2722
www.co.ho.md.us

YMCA of Howard County

4331 Montgomery Road
Ellicott City, MD 21043
410-465-4334

BOATING

Centennial Park Lake

410-313-7303

Patapsco Valley State Park

Canoeing, Tubing
410-461-5005

FISHING

Fishing is permitted from the shore on Columbia Lakes.
A license is required for ages 16 and up. Licenses are available at K-Mart.

Fishing Classes

410-313-7275

Patapsco Valley State Park

410-461-5005

CAMPING

Patapsco Valley State Park - Hollifield Area

410-461-5005

TABLE TENNIS

Howard County Table Tennis Club

410-489-7291

TENNIS

Circle D Tennis Club

15535 Carrs Mill Road
Woodbine, MD
410-442-6651

Columbia Association Tennis Facilities

Hobbit's Glen: 410-715-3080
Owen Brown: 410-381-7255
Wilde Lake: 410-730-3767

Athletic Club (indoor)

5435 Beaverkill Road
Columbia, MD 21044
410-720-0149

TRIATHLETES

Columbia Triathlon Association, Inc

410-964-1246
www.tricolumbia.org

VOLLEYBALL

Volleyball House - drop in and leagues

7125 Columbia Gateway Drive
Columbia, MD 21046
301-596-7475

WRESTLING

Howard County Intramural Wrestling Program

Recreation & Parks
410-313-4703

Summer Camps

Refer to the Patuxent Publishing "Summer Program and Camp Guide" for a complete listing of camps in Howard County. Call Patuxent Publishing at 410-730-3990 to request a copy.

Teens

Columbia Teen Center

Oakland Mills Village Center
5851 Robert Oliver Place
Columbia, MD 21045
410-992-3726

EMPLOYMENT

Howard County Employment and Training Center

10650 Hickory Ridge Road
Columbia, MD 21055
410-313-4600

Maryland State Employment Office

7060 Oakland Mills Road
Columbia, MD 21046
410-312-5760

Howard County Youth Employment Program

410-313-4600

Babysitting Certification

Columbia Association
410-992-3726

COUNSELING AND FAMILY PLANNING SERVICES

Catholic Charities

Counseling: 410-252-4700

teens – volunteer opportunities

Family and Children's Services

10451 Twin Rivers Road
Columbia, MD
410-997-3557

Howard County Health Department

Columbia Health Center 410-313-7500
Southeastern Health Center 410-880-5888

Howard County Public Schools

Teen parent and outreach program
5460 Trumpler Road
Columbia, MD 21044
410-313-7449

MSA – The Child & Adolescent Center

Outpatient mental health services for children and adolescents
10005 Old Columbia Road, Suite L260
Columbia, MD 21046
443-259-0400

Teen Counseling at Bethany House

Eating disorders, depression and suicide, violence and delinquency, underachievement
9925 Postwick Road
Ellicott City, MD 21042
410-465-8985

Baptist Family & Children's Services

7175 Columbia Gateway Drive, Suite F
Columbia, MD 21046
410-872-1050
Family and adolescence counseling

United Way Volunteer Referral Line

410-659-0050
www.uwcm.org

FIRN (Foreign Information and Referral Network)

5999 Harpers Farm Road, Suite E 200
Columbia, MD 21044
410-992-1923

Interpret for foreign-born persons settling in Howard County. Volunteering for FIRN provides an opportunity to hone your foreign language skills while assisting another.

Volunteer Opportunities

The Volunteer Center Serving Howard County

410-715-3172
www.volunteerhoward.org

Rebuilding Together

Rebuilding Together is dedicated to keeping low-income, elderly and disabled homeowners living in warmth, safety and independence through home repair and rehabilitation using volunteer service. A wide variety of volunteers are needed.
410-381-3338

Howard County Office on Aging

410-313-6410

Howard County Department of Recreation and Parks

410-313-4700

Teen Community Forum

PO Box 258
Clarksville, MD 21029
301-854-0570
www.highschoolviews.com